



# RCSI

ROYAL COLLEGE OF SURGEONS IN IRELAND

COLÁISTE RÍOGA NA MÁINLEÁ IN ÉIRINN

## Ethicon Grant/Fellowship Report Form

<b>Grant Holder Name</b>	James Forde
<b>Brief biography, including qualification and year of graduation (no more than 100 words)</b>	After graduating from UCD medical school in 2005 I went on to complete my Basic Surgical Training where I developed my interest in urology. In 2010 I was awarded the degree of Doctor in Medicine from Trinity College Dublin for my scientific thesis investigating the role of chemotherapy in prostate cancer. I then commenced Higher Surgical Training in Urology and became a Fellow of the RCSI in Urology in 2014 receiving the Certificate of Completion of Specialist Training in Urology in June 2015. Most recently I have completed a Fellowship in Voiding Dysfunction at Weill Cornell Medical College, New York, USA.
<b>Title of Project/Fellowship</b>	Fellowship in Voiding Dysfunction at Weill Cornell Medical College, New York, USA.
<b>Year of Award: Commencement Date: Conclusion Date:</b>	2015 Fellowship dates: July 2015 to June 2016.

<b>Summary (no more than 250 words)</b>
In July 2015, I commenced a one year clinical fellowship at Weill Cornell Medical College / New York Presbyterian hospital in New York. Under the guidance of renowned international experts, including Dr. Alexis Te, Dr. Steven Kaplan and Dr. Jerry Blaivas, this fellowship encompassed female and male voiding dysfunction issues, in particular the surgical management of female incontinence, pelvic organ prolapse repair, post prostatectomy male incontinence, urethral reconstruction and the management of benign prostatic hyperplasia. I gained experience in novel treatments for the management of these conditions and had the opportunity to use the latest technology available. The fellowship allowed me to build on the excellent training I received in Ireland and gain significant experience in my subspecialty of choice in a world-renowned centre under the guidance of internationally recognised experts. The fellowship also afforded me the experience to participate in novel research projects, which I had the opportunity to present at international meetings and publish in specialty peer reviewed journals. I plan to collaborate with my colleagues at Cornell for future research projects. Overall the experience and training I received at Cornell and the opportunity to work in a different healthcare system will have a lasting impact on my career. I am confident that this experience will benefit the field of urology in Ireland and ensure Irish patients receive optimal care.

**Grant Report (in the region of but no more than 500 words)**

**Objectives of Project/Fellowship:**

One year Clinical Fellowship in Voiding Dysfunction at Weill Cornell Medical College/New York Presbyterian, New York USA. The objective of this fellowship was to gain subspecialty experience in female and male voiding dysfunction issues. In particular the surgical management of female incontinence, pelvic organ prolapse repair, post prostatectomy male incontinence, urethral reconstruction and the management of benign prostatic hyperplasia.

**Did you achieve these objectives?**

Yes. Overall I found the experience incredibly worthwhile and feel all the proposed objectives were met.

**In your opinion, what is the value of your award to:**

**(a) Yourself**

The fellowship allowed me to gain experience in my chosen subspecialty in a world-renowned centre and gave me the opportunity to train with experts in the field of voiding dysfunction.. It also gave me the opportunity to work and experience a different healthcare system which will certainly be of benefit to me working in Ireland in the future in terms of service development. I also had the opportunity and time to be involved with clinical research projects, which I had the opportunity to present at various international urology meetings. Several of these projects have now been published in peer-reviewed journals. I anticipate that I will maintain a strong research link with urology department at Cornell for the years to come. Overall, I feel the fellowship afforded me the opportunity to further build on the excellent training I had received in Ireland and gain significant expertise in my chosen subspecialty.

**(b) The institution in which you worked**

As the fellow I was an integral part of the urology team and was involved in the day to day running of the urology service. From a clinical perspective, I supervised residents and was responsible for teaching in the subspecialty of voiding dysfunction. I also participated and supervised research projects by both residents and medical students ensuring that the project resulted in a publication.

**(c) In the future for Irish patients**

I gained significant experience in common urological conditions and had the opportunity to learn the most advanced techniques from world experts using the latest technology available. Also the opportunity to be involved in novel research projects has given me further insight into areas of need in the subspecialty of voiding dysfunction. I am confident that this experience will benefit the field of urology in Ireland and ensure Irish patients receive optimal care in the future.